

GRACE BIBLE MISSION

Hdqts. Oke-Onitii, P.O. Box, 362

Osogbo

Time: 5.00pm
Every Monday

20/07/2020

STUDIES ON AMOUR OF GOD

STUDY FOUR – THE BELT OF TRUTH

Ephesians 6:13-14

*“Stand firm then, with the belt of truth buckled around your waist...” Verse 14a
(NIV)*

One of the greatest weapons of the enemy is lies, deceit and falsehood. But God gives us His belt of Truth to protect us from Satan’s lies. The more we strengthen our core with God’s truth the better we will be able to stand firm and not trip over Satan’s lies & schemes. Therefore, the Truth of God’s Word must be fastened like a belt to our lives. The Belt was an essential part of the armour and not for decoration. The sword and the Roman dagger were suspended upon it. It held much of the armour in place. Needed to be firmly fastened. It allowed a soldier to be ready for action.

1. What is the truth? What is the belt of truth and why do we need to fasten this belt?

The belt is the whole gospel of Jesus Christ – John 14:6. It is ‘the faith’, Jude 3. The Belt of Truth is Foundational – (1 Peter 5:8–10) ‘Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world.’ A belt is designed to hold clothing up so it doesn’t trip us. In the same way God’s belt of Truth helps us not trip and fall over Satan’s lies. Remember what the Bible calls Satan? - The Father of Lies; great deceiver. The Belt of Truth keeps us from being tossed to and fro by every wind of doctrine - Ephesians 4:14.

2. Why is the belt a crucial part of the armour or why is it essential?

Every part of the armour is closely associated. A soldier was not ready to fight in warfare if the belt was not **CORRECTLY** fastened to keep the armour in place. If the Belt is loose, the armour will make it harder to fight. The breastplate would not be held firmly to the body of the soldier. When the Belt is rightly fastened then the breastplate can be kept firmly in place. The Belt is essential to keep the breastplate in place. Without truth there is no breastplate of righteousness.

3. If the belt becomes slack then the soldier is not ready for the battle. The Belt must remain tightly fastened, why?

- **Keeping the belt tightly fastened means or requires discipline – 2 Timothy 2:15; 2 John 1:9.** Why must a soldier be taught discipline in putting the uniform on correctly? It is because: An undisciplined soldier cannot be relied upon to follow orders, an undisciplined soldier will not be ready for action, and an undisciplined soldier will put himself and his associates in danger – Joshua 7.
- **Keeping the belt tight means being diligent to uphold the Truth – Jude 3.** Truth can be divisive and contentious, but unity can only be built upon the word of God – John 17:11-17. Scripture is the final authority of the church and scripture can only be understood when it is read in context.
- **Keeping the belt tight means the Creeds.** The Creeds were designed to clearly define the truth against error – Acts 2:42.
- **Wearing the belt of truth tightly means to take the scripture as a whole.** The Belt of Truth refers to the whole counsel of God – Acts 20:27.

4. How does wearing of the belt of truth as armour protect us or serve as our protection? -A belt is worn around our middle or center. The Belt of Truth protects our center or core in two ways:

- **Our Emotions.** Thoughts lead to emotions and emotions lead to actions. It is always good to test the thoughts behind our emotions with the truth of God's Word!
- **Our Balance and Core Strength.** Core muscles support our spine and help our balance. It is so important that we strengthen our spiritual core with God's Truth. This will help us stand firm as a believer and keep our balance in life.

The belt of truth is foundational. The belt of truth is the Faith in which we stand. We are to be steadfast in the faith (1 Peter 5:8-10). Standing on the firm foundation of our faith. The parts of the armour are closely associated together. The belt of truth holds the breastplate of righteousness in place. There is no righteousness outside of truth. The belt must be kept tight. We must hold firm to the truth of God's word. The belt of truth is the whole counsel of God (Acts 20:27). Truth cannot be divided into segments not minding whether they are pleasing to people or not. We must always declare the truth. The sword of the Spirit must be taken from the belt of truth. We must rightly divide the scripture. *With God's truth as our center, Satan's lies will not cause us to fall.*